

# iPhone

## your easy guide to parental controls

**What you'll need:** A good WiFi connection, your iPhone, and your kid's iPhone.

### PARENT'S DEVICE

#### 1. Turn on Family Sharing

- On the parent's phone, go to **Settings** and tap your **Apple ID** at the top
- Tap **"Family Sharing"**

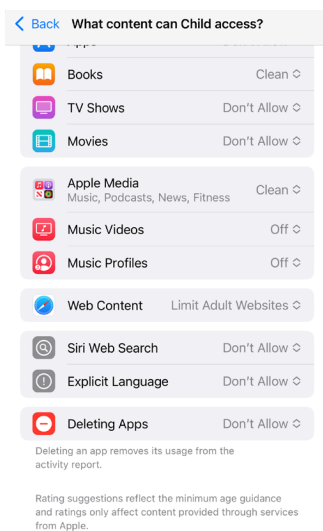
Haven't activated your iPhone yet? Visit [cspire.com/activate](https://cspire.com/activate)

#### 2. Add child to Family Sharing

- Select **"Create Child Account,"** enter your kid's info, and tap **"Verify You're an Adult"**
- Tap to enter a new card or provide the CVV for your existing payment method
- Create an email address for their Apple ID or use an existing one

#### 3. Set up Apple Screen Time

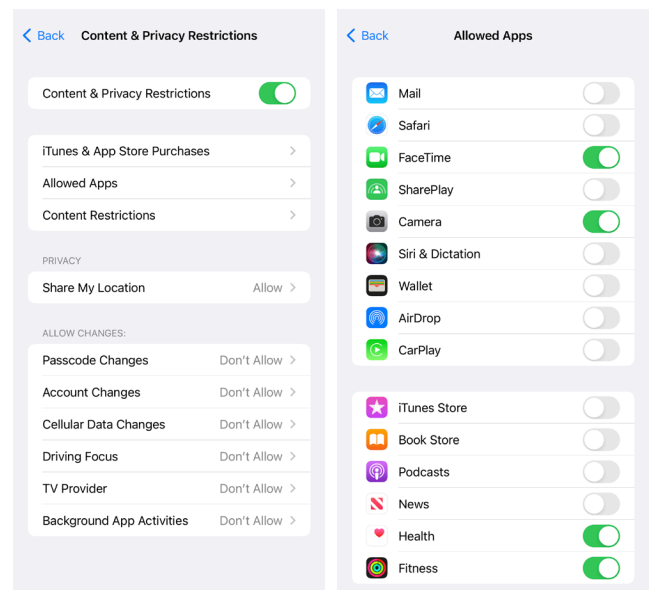
- Tap **"Turn On Screen Time"** when prompted
- **DO NOT** tap **"Turn On Restrictions"** yet—scroll down to see the restriction categories
- Change your restrictions to match our recommendations (see pictured)



- After you've updated your restrictions, then tap **"Turn On Restrictions"**
- Follow the prompts to set up **Communication Safety, Downtime and Share Location**

#### 4. Adjusting other Screen Time settings

- On the parent's phone, go to **Settings**, tap **"Screen Time"** and tap on your **kid's name**
- Tap **Content & Privacy Restriction**, tap **"Allowed Apps,"** and enter your Screen Time passcode
- Set your restrictions to match our recommendations (see pictured)
- Go to **"Allow Changes,"** and set all to **"Don't Allow"**



Once these are set, you're done with steps on your device

### KID'S DEVICE

1. Grab your kid's phone, go to **Settings**, and tap **"Sign in to your iPhone"**
2. Sign in with **your kid's Apple ID** and enter the verification code sent to the parent's iPhone
3. Enter an iPhone passcode for your kid's device if prompted
4. Check that your Screen Time settings were pushed to your kid's device

*If you used our recommended restrictions, apps like Safari and the App Store should no longer appear on their iPhone*